

Trauma Informed Care and Ethics

I uphold the following code of ethics in all my client - practitioner relations.

I offer:

- Empathy and attunement with you
- Only platonic relationships (no romantic or sexual relations, unless previously agreed upon)
- All relationships to be free of conflicts of interest
- Transparency if any of the above cannot be kept
- Informed consent throughout each session
- Honest marketing that accurately reflects my training, my skill base and clean marketing techniques (no pressure sales)
- Investment in continued education and professional support and guidance
- An awareness of systemic trauma - to support client to understand how much of their struggles are due to the society and systems we live in

Before we start working together

I will:

- Share my experience and training - and areas where I lack training
- Share the estimated time of the therapeutic relationship
- Share other possible alternative treatments where I feel it would be more suitable
- Share my fees and invoicing practices
- Share your right to terminate sessions and any financial obligation if that occurs
- Share my right to terminate sessions - if I feel you are not benefitting from the service or if my safety is threatened
- Share what I can and can't provide - such as support between sessions.